

Faith West Academy



Athletic Handbook
2019-2020



Mission Statement

Our mission statement of the Faith West Athletics is to provide a dynamic environment which promotes competitiveness, teamwork, and self-discipline. Our goal is to build Christ-like character and good sportsmanship which will become lifelong traits. Faith West athletics helps to fulfill the mission of the school by teaching the Christian way of competing and the Christian way of life as expressed through our three core values:

- Our school's core values are governed by reverence for God, respect for ourselves, others, and authority, and responsibility for one's actions.
- Excellence without Compromise shall be defined as being equipped to fulfill each student's God-given potential. Compromise shall be defined as anything other than God's design. Excellence without Compromise shall be defined as being equipped to fulfill each student's God-given potential. Compromise shall be defined as anything other than God's design.

Faith West Athletics is an important part of student life and will help to foster Christian fundamentals. Our philosophy of sports is that it is used to enhance a student's academic efforts by providing them with physical activity on a competitive level.

As coaches and mentors we stand by our mission statement, we commit to helping students find their purpose and gifts through Athletics.

Isaiah 40:30-31 (NIV)

Even youths grow tired and weary, and young men stumble and fall; but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

Secondary Principal
-Mary Strickland

Athletic Director
-David Adams

Dear Parents and Student – Athletes,

Welcome to Faith West Athletics!

Our goal in the Athletic Department at Faith West is to provide an environment of competition, cooperation, and teamwork for our students that will glorify God and provide valuable life lessons. Winning the contest is important to any competitor; however, the lessons learned in the heat of competition are the most important attributes to be gained from the contest.

Our coaches are dedicated to assisting all athletes in reaching their maximum potential as an athlete, but more importantly, as an outstanding citizen. There are a wide variety of teams to choose from and all students are encouraged to participate. Participation in multiple sports is encouraged to ensure a healthy balance. A strength and conditioning program is provided all year for in-season and off-season training. This handbook contains the philosophies, policies and guidelines which govern the Faith West Academy Athletic Program, as well as some of the rules required by the school and our governing leagues. In some instances, it may be necessary to add to this policy during given school year. In those instances, every effort will be made to inform athletes, parents, and coaches of these changes as soon as possible.

Our high school students compete through TAPPS and we are a 4A size school in that association. Our Junior High program participates in the Houston Area Private Schools (HAPS). Jr. High Football (only) participates in the Houston Six-man Football conference (HSFC).

We ask that you read this handbook thoroughly with your student-athlete(s). All of the forms in this Handbook must be read and signatures provided on file before a student-athlete can participate.

We look forward to another great year in Athletics!

Sincerely,
David Adams
Athletic Director

1 Corinthians 9:24-27 (NIV)

²⁴ Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. ²⁵ Everyone who competes in the games goes into strict training. They do it to get a crown that will not last, but we do it to get a crown that will last forever. ²⁶ Therefore I do not run like someone running aimlessly; I do not fight like a boxer beating the air. ²⁷ No, I strike a blow to my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize.

Teams and Sports

Faith West Academy offers the following sports:

Fall:

Football (Boys) **T**

Volleyball (Girls) **T**

Cheerleading (year round) **T** Try-outs will be in March for the following year

Cross Country (Boys and Girls) **T**

Winter:

Basketball (Boys and Girls) **T**

Swimming (Boys and Girls) **I** High School ONLY

Soccer (Boys and Girls) **T**

Spring:

Baseball (Boys) **T**

Softball (Girls) **T**

Track (Boys and Girls) **I**

Golf (Boys and Girls) **I** High School ONLY

T- Team Sport

I- Individual Sport

Please note; The Athletic Director will determine the minimum number of Athletes required to participate in each sport.

When participating numbers warrant, many of these high school sports have junior varsity and freshman teams. Additionally, some junior high sports may have multiple teams. These schedules will be determined by the availability of the competitor's teams.

Faith West Academy has a competitive sports program. Team rosters are compiled through a process of try-outs and selections. Teams will consist of players possessing ability, character and attitude, passion for the game, commitment, time availability, energy, and academic stability.

Athletic Fees

The Athletic Department will charge an athletic fee for each high school and junior high sport. For the 2018-2019 school year, sports have been divided into two categories. Tier 1 sports and Tier 2 sports. Tier 1 sports can be more costly to operate and have a higher starting fee than Tier 2 sports. Cheer has a separate fee schedule. All questions regarding athletic fee payments and fee structure may be directed to Sandy Brown at sbrown@faithwest.org.

TIER 1 SPORT (HS)	TIER 2 SPORT (HS)	TIER 1 SPORT (HS)	AMOUNT HS	TIER 1 SPORT (JH)	TIER 2 SPORT (JH)	TIER 1 SPORT (JH)	AMOUNT JH
Football	Cross Country	FRIST SPORT	\$550.00	Football	Cross Country	FRIST SPORT	\$375.00
Volleyball	Soccer	SECOND SPORT	\$500.00	Volleyball	Soccer	SECOND SPORT	\$350.00
Basketball	Track	THIRD SPORT	\$450.00	Basketball	Track	THIRD SPORT	\$325.00
	x				x		
Tennis	x	TIER 2 SPORT (HS)	AMOUNT HS	Tennis	x	TIER 2 SPORT (JH)	AMOUNT JH
Swimming	x	FIRST SPORT	\$450.00	Swimming	x	FIRST SPORT	\$325.00
Baseball	x	SECOND SPORT	\$400.00	Baseball	x	SECOND SPORT	\$300.00
Softball	x	THIRD SPORT	\$350.00	Softball	x	THIRD SPORT	\$275.00

TIER 1 SPORTS

- Tennis
- Football
- Volleyball
- Basketball
- Baseball
- Softball
- Swimming

TIER 2 SPORTS

- Soccer
- Track
- Cross Country

**Golf fees will be determined by the cost of tournaments and practice location (\$800-\$1000)

The Athletic Department will charge an athletic fee for each high school and junior high sport. These fees fund the program (i.e. officials, transportation, tournaments, meets, equipment, and coach's stipends).

An athletic fee must be paid for each sport in which an athlete participates. These are **non-refundable** this includes quitting the team, injury, failing grades, expulsion etc. All athletic fees are paid online using the ACTIVE Network website. A link to this site can be accessed from the Faith West Academy website Athletics page.

<http://www.faithwest.org/athletics/handbook-fees-forms-schedules/>

Cheer and Mascot Fees

Fees for Cheer must be discussed with Head Cheer Coach Heather Laird: hlaird@faithwest.org.
A \$300 deposit is due upon joining the cheer squad.

Jr. High Cheer (grades 6-8)

- \$1150 – Athletic fee, which includes coaching stipends, payment of vans, camps, choreography, competition, travel and other operating costs. Uniform fee, which includes school cheer uniform & camp wear.
- \$1050 – Returner not ordering a uniform
- Cheer shoes are not part of the fees. Optional items will be available for purchase (discuss with Coach Laird).

Varsity Cheer (grades 9-12)

- \$1300 – Athletic fee, which includes coaching stipends, payment of vans, camps, choreography, competition, travel and other operating costs. Uniform fee, which includes school cheer uniform & camp wear.
- \$1100 – Returner not ordering a uniform
- Cheer shoes are not part of the fees. Optional items will be available for purchase (discuss with Coach Laird).

Jr. High Mascot (grades 6-8)

- \$800 – Cheer fee, which includes camp.
- \$200 – Uniform fee, which includes practice wear.
- FCC camp and camp wear fees are optional for mascots. Contact Coach Laird for all questions.

Varsity Mascot (grades 9-12)

- \$800 – Cheer fee, which includes camp.
- \$250 – Uniform fee, which includes practice wear.
- FCC camp and camp wear fees are optional for mascots. Contact Coach Laird for all questions.

Athletic Requirements

Fees and Forms:

A current TAPPS Physical must be on file in the athletic office PRIOR to tryouts.

Student-athletes in 6th through 12th grade participating in the athletic program will be required to have a current TAPPS physical exam performed by a doctor. Student-athletes will not be able to participate in tryouts, practices, or games (any sport activity) without a current physical on file in the athletic office. <https://tapps.biz/wp-content/uploads/2015/07/Medical-History-Packet-for-students.pdf>

Within a week of team selections being made, an Athletic Payment must be made through ACTIVE Network and the Athletic Handbook forms must be completed and signed. The athlete will not be able to participate in games or practices until these obligation have been met.

REQUIREMENTS

Electronic forms to be completed online through RankOne Sport:

- TAPPS Acknowledgement of Rules
- FWA Athletic Handbook
- FWA Student Information and Medical Release
- FWA Insurance Assumption Risk
- TAPPS Concussion Acknowledgement Form
- FWA Eligibility Rules
- TAPPS Steroid Notification
- TAPPS Cardiac Form

School policy's for Student-Athletes

Athlete's Code of Conduct:

A Faith West Athlete is a student's choice and thereby a privilege. Student-Athletes shall conduct themselves in a way that brings positive recognition to God, Faith West Academy, their team, their sport and themselves. A Faith West Student-Athlete reflects the mission and identity of the school, no matter where he/she is. Student-Athletes are expected to behave at all times with consideration of others thoughts, word, and deed. Student-Athletes must abide by the school's stated rules and any other stipulated by the Athletic Department staff members. A list of expectations can be found at the end of this document.

Academic Expectations and Eligibility of the Student-Athlete:

Eligibility for extra-curricular activities (athletics, ComedySportz, praise band, etc.) will be determined by grades on the nine-week report cards. Students failing two courses or more at the nine-week grading period are ineligible for two weeks after report cards are issued. At that time, according to TAPPS rules, if a student is not failing more than one course they will become eligible at that time. This eligibility policy is in accordance with the TAPPS by-laws. Sponsors, teachers, and coaches are encouraged to "keep current" regarding their students' grades so that students will be continually encouraged to make their academics a priority.

"Keeping current" will also help sponsors, teachers, and coaches, plan for necessary adjustments in their program or team should students become ineligible. FWA views its co-curricular activities as an integral and necessary part of a student's overall education, however co-curricular activities are a privilege earned and maintained by thorough and diligent attention given to respect and responsibility in the academic areas. Any student failing a class on the nine weeks report card may not miss that class in order to participate in an extra/co-curricular activity. After the two-week period, students may regain their eligibility to participate but will not be allowed to miss any class they are still failing in order to travel or participate in an extra/co-curricular event until the end of those nine weeks.

In order for a student to participate on any given day in an extra/co-curricular activity, they must be in the classroom by 8:30 a.m. and must remain in school for the rest of the day. Exception: A student who has a doctor, dentist, or orthodontist appointment must return to school before 3:00 p.m. and sign back in at the Etc./Attendance Office with a doctor's note verifying the appointment. Any other exceptions must have prior approval from the principal.

FWA meets or exceeds all TAPPS requirements for co-curricular activity eligibility.

Extracurricular Activity Commitment:

A Student-Athlete will attend all practice sessions and events. Two unexcused absences will result in a mandatory Coach/AD meeting and possible dismissal from team. Parents and Student-Athletes need to recognize that absences from practices will hinder skill development and physical conditioning as well as jeopardize team unity. Time missed from a sports team practice will influence a Student-Athlete's performance and often his/her position with the team. When a personal or social event conflicts with a practice or game, we expect Student-Athletes to honor their commitment to the athletic program and their teammates. When a family event causes the Student-Athlete to be absent from a practice, the situation should be communicated to the coach as soon as possible, preferably at the beginning of the season and not the same day of the conflict (this does not include family emergencies which are unpredictable and managed differently). If the Student-Athlete quits the team or is removed from the team, he/she will not be able to participate in the next sport of the season without prior approval from the Athletic Director.

With regards to concurrent sports, student-athletes may not start one sport until they have completed the other. Beginning in the 2017-2018 school year, student-athletes who wish to participate in concurrent sports (same season sports i.e. basketball, soccer) may only do so with special permission from the Athletic Director. Furthermore, all parties involved (coaches, parents and athletes) must understand and agree that a team sport will take priority over individual sports. Student-athletes may be required to "declare" a primary sport prior to considerations being made.

Drug/Alcohol Policy:

As members of the HS student body, Student-Athletes acknowledge the importance of a healthy lifestyle that is drug and alcohol free. Furthermore, representing Faith West Academy on a team brings added responsibility to live up to high expectations in the area. Any incident involving a violation of drug and alcohol policies as outlined by the school while a student is under school jurisdiction will be dealt with by the high school administration according to guidelines set out in the Parent and Student Handbook. In addition to those penalties, a violation at any time during an athletic season (whether under school jurisdiction or not) will also result in a direct consequence in regard to athletic participation. To this end, every member of a high school athletic team agrees to adherence to The Athlete's Pledge during each season of participation. This pledge confirms a personal commitment not to use drugs, alcohol or controlled substances at any time during that season, including times when not under the direct jurisdiction of the school.

Attendance:

It is self-evident that school attendance is a prerequisite for athletic participation. Except for pre-approved absences students must be in attendance at school by 8:30 AM to be eligible to participate that day. Any absence from a scheduled practice or contest should be for legitimate

reasons only and needs to be cleared directly with the team coach or Athletic Director in person in advance of the absence. Failure to follow this procedure will result in a loss of playing time.

FWA Fine Arts Policy/ Fine Arts Wednesday:

Participation is open to any secondary student at FWA who understands and agrees to the commitment involved. Actors and singers must take part in the audition process for the production. This audition will take place at the onset of the school year. The FWA Department of Visual & Performing Arts, (including but not limited to Theatre, Tech, Choir, Art, Band, and Photography), in addition to other interested participants, will combine efforts to produce a large-scale theatrical production during the 2018-2019 school year. Secondary students are NOT required to enroll in a Fine Art elective to participate in the show. They MAY decide to do so concurrently, but class time in the Fine Arts elective will NOT be designated for rehearsals. On the contrary, all rehearsing for the production will take place outside of elective class time.

Students enrolled in a Fine Arts class for the Fine Art credit are ENCOURAGED to, (but NOT REQUIRED to) participate in this extracurricular event. If a student ELECTS to do both, then that student should take any scheduling concerns to Mrs. Strickland. The FWA administration fully supports the newly-created production restructuring, and will work to make participation possible for all interested students. The C (high school - homeroom) elective period and the I (junior high - homeroom) elective period are reserved for developing the respective disciplines and not devoted to rehearsal time for the production. (Ex: Enrolling in choir does NOT make involvement in the production mandatory. These activities are now SEPARATE and will be taught as such. Once rehearsals begin, participating students are expected to fulfill their commitments until the completion of the production, or risk losing his/her part/role.

A student/parent Contract-of-Intent will be drafted and required of students and families involved. This contract outlines the participation requirements and constitutes an agreement to participate fully in the production process. The Contract-of-Intent will outline BOTH student AND parent contribution requirements. (All families must agree to contribute in a *minimum of 1 area* of service (i.e. concession volunteer, meal contribution, etc.). A detailed schedule, containing all rehearsal and performance requirements, will be outlined for the entirety of the production process. No academic grades will be assigned to students for their involvement in this production, as this effort constitutes an “extracurricular involvement” rather than a “class”; *however*, students will be continuously evaluated and assessed in their progress in their roles. Neglect on the part of the student to attend rehearsals, learn lines, etc. may result in the loss of a role, at the discretion of the directors.

The FWA Visual & Performing Arts Department is working jointly with the FWA Athletic department to make participation possible for athletes. The athletic department understands that the Wednesday block is reserved for Fine Arts’ rehearsal purposes, and athletes will be fully excused from practices and free to participate.

A block of time has been set aside, reserved, and protected by the FWA administration for rehearsals. Each Wednesday from 2:35 (I-Period) to 5:00 pm is currently the

designated rehearsal time. Various sections within the department (band, theater, etc.) will rehearse as needed and as determined by individual directors.

Any questions should be directed to the respective directors/teachers. Athletic questions should be directed the Athletic Director, Coach David Adams.

Early Dismissal:

The head coach shall submit a request to the athletic office for permission to dismiss students early. The request shall include a list of all students for whom permission is needed. Upon approval, the athletic office will submit a request form to teachers and notify all faculty members in advance of the early dismissal. It is understood that each student is responsible for any work that may be missed during an absence.

School Vacation Periods:

Faith West Academy acknowledges the need for time away for family travel and vacation. Therefore, with the exception of the necessary practices in the two weeks preceding fall classes, the athletic department will not expect mandatory participation during the regularly scheduled school vacation periods throughout the year (*note: a three day weekend does not necessarily fall under the category of vacation and thus teams may have scheduled activities during those times). Individual teams may offer practices during vacation times and those students not involved with family travel are highly encouraged to participate. Direct communication with coaches regarding vacation plans is highly encouraged.

Semester Exams:

The athletic department recognizes the importance of exams to the overall academic success of students. Thus the schedules for athletic teams during the school exam period will reflect a reduced level of commitment from the Student-Athlete. Practices may be shortened or cancelled and travel will be curtailed when possible. However, there must be some consideration given to the need for a continuation of the season as well as the commitment each individual has made to the team. Additional study time away from the team during exams must be approved by the coach in advance.

Travel:

When a Student-Athlete represents any Faith West Academy team for an away contest several important reminders are in order. Appropriate dress, language and behavior are expected of team members throughout the entire course of the trip. Each team coach will outline expectations upon the start of a season. All travel arrangement for all sport levels will be made through the athletic office and using school vehicles. Each team will travel in their Faith West athletic gear of team uniforms or approved travel attire.

It may, on occasion be necessary for additional transportation to be provided by parent vehicles. All students are expected to travel with the team to and from contests. Any exception to this policy must be requested in writing and approved in advance by the athletic office.

All persons transporting Faith West Academy students must attend a brief Driver Orientation session, which is to be scheduled through the Administration Office. Each driver must sign a Policy Regarding Use of Private Vehicles for field trips and athletic events.

Student Parking:

All Student-Athletes must park in the student parking lot. Student-Athletes may not move their vehicle out of the student parking lot at any time for any reason. Student-Athletes may not park under the breezeway or by the fields at any time.

Mandatory Meetings, Parent Athlete Commitment (PAC):

In the interest of clarity in distributing necessary information, a mandatory Parent Athlete Commitment (PAC) meeting will be held in August. It will be the responsibility of a parent/guardian to be present for this meeting prior to participation for that season. Expectation regarding behavior, attitude, and overall representation of the team and school will be covered at this meeting. It is understood that the first responsibility for guiding students in making good choices regarding behavior and development of Student-Athletes. At the mandatory meeting and as a part of the expectation of a student being a participant on a team, a parent will be asked to confirm their support of specific athletic department goals for student conduct through signing the Athlete's Pledge.

Parent Support:

In addition to the direct support of their own child's participation, parents are encouraged to lend support to the overall success of a season by volunteering in a wide variety of ways. Some teams at the school have a parent representative who will help to coordinate the efforts of team parents on behalf of the team. Opportunities to volunteer may include: working concessions/admissions, transportation, and team meals/snacks. Families should be involved in these opportunities to the extent they are able, knowing that all their effort are appreciated.

Facilities/Equipment:

Every attempt has been made to provide the finest in athletic facilities and equipment at Faith West Academy. Students are expected to treat the facilities with respect and do their part to see that damage is not done to them. The intended use of the school's facilities is primarily for the school-sponsored teams. Students are welcome to use facilities at times other than regular team events when under direct supervision of a Faith West Coach with prior approval of the Athletic Director.

Locker rooms, and weight room are expected to be clean and orderly **at all times**. Student-Athletes should use assigned lockers to store their uniform, equipment, and personal items. Personal items should be stored in locked lockers at all times. **Faith West Academy will not be held responsible for lost items and reserves the right to randomly check lockers.**

Uniforms:

Likewise the school has acquired high quality uniforms for its teams. These uniforms are at all times the property of the school and students are expected to treat them properly, using care to wash and care for them according to instructions. Team uniforms are exclusively for use during team contests and activities. A student is not to wear uniform items in other circumstances nor allow use by others. Students are responsible financially for any damage done. An equipment or uniform that has not been returned to the coach within one week from the completion of a season will result in a charge, equal to the full replacement current value of missing item/s, and will be sent directly as part of the school's normal billing statement cycle.

Game Schedules:

All games/meet schedules, maps to venues, and team transportation information is posted on www.rankonesport.com. Game schedules are posted prior to the beginning of the specific sport. When changes are made in RankOne, updates will be populated in real time. This is your information source which keeps you connected to all the updates to your student's games and practices!

Physicals:

The Texas Association of Private and Parochial Schools (TAPPS) mandates that all levels of sports students participating in athletics have you a physical exam during the course of each school year. The completed physical must be on file in the Athletic Office prior to any participation. All necessary forms are available at any time on the Faith West Academy website: <https://tapps.biz/wp-content/uploads/2015/07/Medical-History-Packet-for-students.pdf>
ALL Physical must be on an official TAPPS Physical Form.

TAPPS Previous Participants/Transfer Students:

All high school Student-Athletes transferring to Faith West from a high school (public or private) or home school must complete Part A of the Transfer Form. Parent and Student-Athlete signatures are required. IF the Student-Athlete did participate in athletics at the previous school, Park B must be completed with appropriate signatures. All necessary forms are available at any time on the Faith West Academy website: <https://tapps.biz/wpcontent/uploads/2015/07/formpreviousathleticparticipation.pdf>

Doctor's Notice:

Parents and Student-Athletes are reminded that there are inherent dangers and risks of injury in all interscholastic athletic events. It will be essential that parents, Student-Athletes, and coaches, along with physicians, work together to see that each Student-Athlete is in good health before participation in a particular sport. If a Student-Athlete sustains a sport related physical injury that limits him/her from any specific requirements of that sport, he/she will need to have a written report from a physician/athletic trainer sent to the Athletic Office before that Student-Athlete will be considered exempt from participation. Likewise, a note from a doctor will be required in order for them to resume participation either assessment must be signed by the doctor.

Faith West Academy Commitment and Acknowledgement

I have read the School Policy's for Student-Athletes and agree with the requirements and expectations of participating on any Faith West Academy team. I also understand the consequences of not adhering to policies stated above.

In addition, I note that all required Faith West Academy forms and TAPPS forms must be completed upon my participation on any team.

Student-Athletes and Parent/guardian signatures below are an acknowledgement of the School Policy's for Student- Athletes.

Student-Athlete Signature

Parent/Guardian Signature

Date



The following forms must be signed electronically through RankOne.

Standards of Conduct

The student who chooses to participate in the athletic program will be observed by many public and private schools, media, parents, guests, peers, and staff. Participating in athletics provides the opportunity to demonstrate one's desire to reflect Christ-like values in sportsmanship and in performance.

Each coach is responsible for the conduct of the Student-Athletes within that particular program. Therefore, the coach may provide a set of rules explaining conduct and penalties for both minor and major infraction of the rules in the following areas:

General Expectations:

- I. A Student-Athlete in any sport is required to be neat, clean shaven, well groomed, (refer to Student Handbook) and in proper uniform for games, practices, and travel. Shirt, shorts, socks, and shoes-includes warm-ups. Any Student-Athlete not in proper uniform may result in game suspension.
- II. A Student-Athlete shall exhibit a Christian lifestyle which represents the school in a Christ-like manner at all times. This includes school holidays, school functions, and events outside of school (i.e. field trips). Failure to commit to this lifestyle may result in the forfeit of the opportunity to participate in the athletic program. Lifestyles include but not limited to:
 - i. A Student-Athlete shall not steal or use another person's property without permission of the owner (game suspension will be imposed).
 - ii. A Student-Athlete shall not use obscene, vulgar or any other non- Christian language during practices or games.
 - iii. Student-Athletes who engage in criminal activity or violations of civil law may be denied participation in an extracurricular program. Recognizing the varying degrees of severity of the violations (misdemeanors or felonies), consequences for such involvement may result in denial of participation depending upon the nature of the offence.
 - iv. A Student-Athlete must be ready to display effort, cooperation, respect and support for coaches and team members.
 - v. A Student-Athlete must completely abstain from the use of alcohol, tobacco products, and drugs. Refer to the Faith West Academy Parent/Student Handbook under Code of Conduct.
 - vi. A Student-Athlete must display a good attitude. Negative attitude towards the coach or other Student-Athletes will not be tolerated.
 - vii. Any Student-Athlete late to the game may not be allowed to start unless cleared by the coach.
 - viii. A Student-Athlete who receives an in-school or off campus suspension while a member of a team will be required to miss one game/meet per day of suspension. Athletes who are in more than one sport will miss one game of each sport in which they are participating. These games/meets missed will be the next one on the schedule, if not falling on the day of in-school suspension.

Expectations

Student-Athletes:

- I will have a positive attitude and learning spirit and responsibility for own actions.
- I will maintain passing grades in all subjects.
- I will be on time for practices, games.
- I know any outside training during my school sport season is **NOT** allowed unless cleared with the Coach and the Athletic Director prior to that training.
- I will encourage good sportsmanship from fellow Student-Athletes, coaches, officials and parents at every game and practice by demonstrating good sportsmanship.
- I will listen and learn from Coaches
- I will encourage my parents/guardians to be involved with my team in some capacity, because it is important to me.
- I understand that as a Student-Athletes I am held to a higher level of standards and that it is a privilege (not a right) to participate in sports.
- I will refrain from engaging in social media disputes.
- I understand that cell phone use will not be seen or heard during a practice or game.
- I understand that the use of a cell phone is **PROHIBITED** in the gym locker rooms.

Parents:

- I will conduct myself in a positive manner (not berate officials, Student-Athletes, or coaches).
- I understand that the game decisions, playing time and positions played are the sole responsibility of the head coach and staff.
- I will support and be involved in my Student-Athletes sport as much as possible.
- I understand that is to be **NO** parent coaching from the sidelines. This will avoid confusion and allow the Student-Athlete to listen to one coach at a time.
- At home I will encourage my Student-Athlete(s) in the development of his/her skills and team spirit. Avoid negativism in his/her presence toward other Student-Athletes or coach.
- When complaints arise, I will first seek the coach and coaching staff to resolve any issues. If further discussion is needed, then administration and or the Athletic Director will get involved.

Travel:

All Student-Athletes are expected to travel to and from all practices, games, and contests in transportation provided by or arranged by the school. On some occasions, Student-Athletes may travel with their parents with 24 hour approval from their coach and the Athletic Office. However, Student-Athletes may not leave an athletic event with anyone other than their parents unless written permission is given to the Athletic Director and coach 24 hours in advance of the game.

- All vehicles must be left clean after each use. Student-Athletes must clean the vehicles. **NO** food/candy or drinks allowed by anyone riding in the vehicles.
- The driver of the team vehicle is the ultimate authority, and all Student-Athletes must submit to his/her instructions.
- No extra riders (non-team members) will be allowed to ride in the school provided vehicle(s). Any exceptions to this will be verbalized by the Athletic Director and coach prior to the event.

Note: any Student-Athlete who does not comply with the above mentioned travel rules will forfeit his/her right to travel with the team.

REMINDER:

The Student-Athlete will be held financially responsible for any lost or misplaced equipment. Current replacement costs will determine the amount of which the Student-Athlete will be held responsible.

The cost of ant uniform returned in a condition whereby it cannot be reissued will be charged to the Student-Athlete. This includes uniforms that have been improperly laundered, cared for, or stored.

Student-Athletes will not be allowed to continue in or begin a new season until all financial obligations have been cleared.

Faith West Academy Commitment and Acknowledgement

I have read the Student-Athlete, Coach, and Parent Expectation, and agree with the requirements and expectations of participating on any Faith West Academy team. I also understand that consequences of not adhering to those expectations.

In addition, I have read ALL the Faith West Academy Athletic Handbook and agree to abide by the rules, regulations, and commitments set forth in it. I note that all required Faith West Academy forms and TAPPS forms must be completed upon my participation on any team.

Student-Athletes and Parent/guardian signatures below are an acknowledgement of the information/rules in this Handbook and Expectations Commitment.

Student-Athlete Signature

Parent/Guardian Signature

Date

